

READING FRIENDS

Volunteer Role Description

Role Title	Access Trafford Reading Friends Volunteer
Purpose of Role	To befriend elderly people within our Reading Friends areas who are vulnerable and isolated. Leading group sessions with these individuals
Main activities and tasks	<p>There are 2 main focus areas for this role. You can choose to join a particular group or cover both areas.</p> <p>Group 1 (Main Vulnerable & Isolated)</p> <ol style="list-style-type: none"> 1. Support elderly people within the area who are deemed vulnerable and isolated 2. Lead sessions focussed around these individuals 3. Be aware and sensitive to those in the group 4. Helping to set up for various themed activities whether this is cooking, crafts etc. 5. Helping to lead focussed activities (memory boxes etc.) 6. Helping to clean and tidy after events 7. Support staff and the group on day trips <p>Group 2 (Dementia)</p> <ol style="list-style-type: none"> 1. Support professional carers in activity based environments for those affected by dementia 2. Be aware and sensitive to those in the group 3. Helping to set up for various themed activities whether this is cooking, crafts etc. 4. Helping to lead focussed activities (memory boxes etc.) 5. Helping to clean and tidy following events 6. Support staff and the group on day trips
Qualities, skills and experience sought	<ol style="list-style-type: none"> 1. A reliable confident and responsible individual with enthusiasm and effective communication and interpersonal skills. 2. Have a friendly. Patient and approachable manner 3. Ability to empathise with older people and people with disabilities 4. Have the ability to cope with the duties and responsibilities of the role 5. Able to follow guidelines/ instructions 6. Initiative and the ability to work without supervision 7. Willing to learn new knowledge and skills
Location	Various locations in Trafford

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Time Commitment	There is a degree of flexibility around the sessions and we are happy to discuss this with you
Training and support	Volunteers will be inducted and trained prior to carrying out this role. They will also have a named supervisor who will provide ongoing support. Out of pocket expenses will be reimbursed to agreed limits on production of receipts
Additional Information	A DBS check will be required Please complete the expression of interest form and return it to libraries@trafford.gov.uk