



Trafford celebrates 11 Green Flag awarded parks five years running

11 of Trafford's parks and green spaces are flying Green Flags for the fifth year in a row.

The award-winning parks, which have been recognised as some of the very best green spaces in the world are: Davyhulme Park, Denzell Gardens, Flixton Gardens, Hullard Park, John Leigh Park, Lostock Park, Victoria Park, Walkden Gardens, Walton Park, Woodheys Park, Worthington Park.

Trafford's Green Flag Award parks are managed by the One Trafford Partnership, with the support of volunteer Friends of Parks groups. The teams have been working together for a number of years to ensure the Green Flag standards are met and are consistent throughout the year.

To achieve the prestigious award, the parks must meet a specific set of criteria. This includes aesthetics of the park, horticulture, biodiversity and community involvement.

Congratulating the achievement, Paul Todd MBE, Keep Britain Tidy's Green Flag Award Scheme Manager, said: "I would like to congratulate everyone involved at Trafford in achieving a Green Flag Award. These parks are a vital green space for the community in Trafford, bringing people together and providing opportunities to lead healthy lifestyles. The staff and volunteers do so much to ensure that it maintains the high standards of the Green Flag Award, and everyone involved should feel extremely proud of their achievement."

If you would like to visit your local Green Flag park, please visit www.trafford.gov.uk/GreenFlagParks.



A triumph on two wheels: Ian's incredible ride for a good cause!

In an inspiring show of dedication and community spirit, Ian Elliot, our very own Street Works Manager at One Trafford, conquered an extraordinary cycling feat that echoes the true spirit of Trafford.

On June 24th, Ian and his team of 12 cyclists embarked on a 227-mile journey from Glasgow Park to Timperley to raise funds for the Children's Adventure Farm Trust, creating special experiences for children facing challenges due to illness or disability.

Now, the road wasn't all smooth sailing. Ian and his crew faced some fierce headwinds that made it feel like they were pedalling uphill even when they weren't. And oh boy, they tackled over 10,500 feet of uphill climbs, including a mega 3.5-mile climb over Shap in Cumbria. Talk about a challenge!

But they did it! After a super long day, they rolled back into Timperley around 11:30 pm, and celebrated their awesome achievement. You can bet they deserved that celebration!

Speaking of celebration, Ian didn't just raise his spirits - he collected over £5,600 all by himself! And the whole event is expected to generate more than £10,000 for the Children's Adventure Farm Trust. High fives all around!

Huge shoutout also to Kevin from our Street Lighting team who supported the team. Driving the welfare van, Kevin was on hand to ensure Ian and the team were well fed, cheered on and supported. Well done both.



Community group focus: Ramblers Wellbeing Walks Trafford

This feature shines a spotlight on a group that's making an impact on Trafford residents. Meet Dave Walmsley, the coordinator of Trafford's Ramblers Wellbeing Walks group.



Established in July 2010, this group organises free walks across Trafford, welcoming residents of all ages and fitness levels. It's a collaborative effort involving the Ramblers Group, Trafford Integrated Care Partnership (formerly Trafford's Clinical Commissioning Group), Public Health Trafford, and Sale Sports Club. Here's a glimpse of our chat with Dave:

One Trafford (OT): What does Trafford's Ramblers Wellbeing Walks group offer?

Dave Walmsley (DW): We run ten free walks throughout Trafford, ranging from around two and a half miles to a maximum of five miles. At each walk, we divide into short, medium, and long groups to cater to everyone's preferences. Walks typically last between 45 to 90 minutes, followed by a social gathering where participants can enjoy tea, coffee, biscuits, or even homemade cakes. The social aspect is an integral part of our walks.

OT: Who runs the walks and how?

DW: Each week, approximately 60 volunteers lead the walks. Core walk leaders oversee every aspect of the walk, and we also have walk leaders, assistants, route planners, checkers, buddies, and more.

OT: Is the success of the walks is down to the hard work of the volunteers?

DW: Absolutely! The commitment and loyalty of our volunteers are incredible. They show up every week and, in case of absence, arrange for replacements. Without our dedicated walking group, this program wouldn't be possible.

To find more information, search 'Trafford' on www.ramblers.org.uk, or check with your GP surgery. You can also visit their Facebook page at facebook.com/Ramblerswellbeingwalkstrafford.



Lostock Park funding to transform space

Lostock Park in Stretford is in for a remarkable transformation valued at nearly £110,000, with an additional £17,000 secured for woodland planting and wildflower meadow creation. Thanks to a joint initiative between Veolia's Landfill Community Fund, The Friends of Lostock Park, and The One Trafford Partnership (OTP), this funding will significantly enhance the park.

The initial cash injection focuses on creating an outdoor gym with seven stations, a beginner's skate area, and a woodland trail, promoting physical and mental well-being for the community in an area with the highest incidence of cardiovascular and respiratory diseases in North Trafford.

This comprehensive project aligns with Greater Manchester's nature recovery objectives, aiming to make green spaces accessible to everyone. The park's beauty and biodiversity will thrive with the collaboration of The Conservation Volunteers (TCV).

For more information about Trafford's parks, visit www.trafford.gov.uk/parks



Trafford home to one of England's first solar hybrid streetlights

Trafford proudly became one of the first local authorities in England to install solar hybrid streetlights, with five columns recently placed on Woodbridge Road in Urmston.

Over the next 8 months, these streetlights are projected to consume 75% less energy compared to the commonly used LED streetlights. The innovative design incorporates solar panels on the columns to absorb sunlight, with a mains power supply serving as a backup during darker winter months.

Peter Mullen, Streetlighting Supervisor at the One Trafford Partnership, said: "We conducted a successful nine-month trial in our depot with one of the streetlights. These lights are estimated to run exclusively on natural sunlight for nine months each year, making a substantial impact to energy usage."

Addressing climate change is a key priority for the council, as outlined in their corporate plan for 2021-2024. The installation of solar hybrid streetlights is just one of the council's forward-thinking initiatives to combat climate change.

Discover more at <https://www.trafford.gov.uk/news>



Weekly events in the borough

Mondays

Rambler's Wellbeing Walk	St Clement's Church, Urmston, 10AM-1PM
Rambler's Wellbeing Walk	John Leigh Park, Altrincham, 10.15AM-1.15PM
Job Club	Bromwood Community Centre (Timperley), 1PM-3PM
Chair Yoga	Urmston Library, 1.30PM, £2
Mile Shy Club (beginners' running group)	Wythenshawe Forum, Wythenshawe, 6PM, £2
Mile Shy Club (beginners' running group)	Outside Victoria Park Community Centre, Stretford, 6.30PM, £2
Mile Shy Club (beginners' running group)	Pennybridge Lane Car Park, Flixton Road, Urmston, 6.30PM, £2

Tuesdays

Job Club	Stretford Library, 10AM – 12PM
Beaders Group	Woodsend Library, 10AM-12PM
Rambler's Wellbeing Walk	Broadheath Community Hall, Sinderland Road, 10AM-1PM
Children's Hour	Old Trafford Library, 10.30AM-12PM
Chair Yoga	Altrincham Library, 11.30AM, £2
Art Club	Urmston Library, 1PM-2PM
Job Club	Urmston Library, 1PM-3PM
Mile Shy Club (beginners' running group)	Outside Slug and Lettuce, Sale, 6.30pm, £2
Mile Shy Club (beginners' running group)	Outside Partington Fish Bar & Grill, Partington, 6.30PM, £2

Wednesdays

Job Club	Sale West Community Centre, 10AM-12PM
Rambler's Wellbeing Walk	Partington Methodist Church, 10AM – 1PM
Rambler's Wellbeing Walk	Woodheys Park, 10.15PM-1.15PM
Yoga (Gentle Mat), Urmston Library	10.30AM, £2
Job Club, Your Housing (Partington)	Gilmour House, 1PM-3PM
Jewellery Group	Urmston Library, 2PM-4PM
Mile Shy Club (beginners' running group)	Outside the bee, Limelight, Old Trafford, 5.30PM, £2

Thursdays

Job Club	Saint John's Centre (Old Trafford), 10AM-12PM
Rambler's Wellbeing Walk	The Bowls Pavillion, Walton Park, Sale, 10AM-1PM
Job Club	Connexions (Sale), 1PM-3PM

Fridays

Mile Shy Club (beginners' running group)	John Leigh Park, Altrincham, 9.30AM, £2
Rambler's Wellbeing Walk	Manor's Court, Sale, 9.45AM – 12.45AM
Rambler's Wellbeing Walk	Sale Sports Club, 9.45AM-12.45AM
Rambler's Wellbeing Walk	St Matthew's Church Hall, Stretford, 9.45AM-12.45AM
Coffee Morning	Urmston Library, 10.30AM-12PM

