

# ONE TRAFFORD

Local News from the One Trafford Partnership

## Pedal to the metal at Davyhulme Park!



Earlier this year, the new beginners cycle track at Davyhulme Park was opened. Davyhulme Primary School and Hartford Preschool came together to help Mayor Chris Boyes officially open the facility.

Designed as part of the 2021-22 green space improvement programme, the track includes give-ways, crossings, a roundabout and even local landmarks, like Trafford General Hospital. The track aims to teach youngsters to confidently ride their bikes, trikes and scooters, whilst learning the basics of the highway code.

Supported by local inclusive cycling charity, Simply Cycling, the children spent the morning putting the pedal to the metal. As well as cycling, the children also demonstrated their newly learned road safety skills, like crossing the road and looking both ways.

### More green space improvements coming in 2022-23

This year, 17 improvement schemes will take place, providing high quality recreational outdoor spaces which residents can continue to enjoy.

Improvements include installation of new play area equipment in seven parks and green spaces including

**£1.1m of green space**  
schemes delivered in 5 years, with  
**17 new schemes** for 2022-23

Woodstock Park, Moor Nook Park and Minster Drive play area.

At Woodstock Park, improvement works will see the replacement of the junior play equipment, whilst at

Moor Nook Park, the wooden multi play equipment will be replaced.

The programme also includes footpath repairs in eight parks and restoration of Victoria Parks heritage gates.

In the last 5 years, One Trafford have delivered approximately £1.1 million of green space schemes, in conjunction with Friends and members of the community, to improve Trafford's parks. In 2019-20, 19 new gates were installed in some play areas to improve safety, 230 brand new park signs were installed, including 118 new welcome signs.

To view the full green space improvement programme, visit [www.trafford.gov.uk/betterparks](http://www.trafford.gov.uk/betterparks) or scan the QR code.



# Supporting the local community



## Engineering team support Friends of Walkden Gardens for the day

One Trafford's engineers swapped their maps and technical drawings to for hedge clippers this summer. The team pulled together to support Friends of Walkden Gardens in getting the award-winning park summer ready. The team worked along the park's infamous herbaceous border, while neatening hedges in some of the garden rooms. Are you a community group who needs an extra pair of hands for the day? Get in touch with us by searching @OneTrafford on Twitter or Facebook.



## It's retail therapy for Volunteers' Week 2022!

In support of Cancer Research UK, colleagues across the Amey business used their Social Impact Day to volunteer at a CRUK shop during Volunteers' Week.

One colleague joined CRUK in Withington, where he was trained up on each department, learning all about what goes into running a charity and bringing in that much needed cash. From sorting and tagging garments, to steaming and merchandising the donated stock. Cancer affects 1 in 2 of us each year, but with continued research, CRUK can develop techniques for earlier detection. Raising money through charity stores sales is just one way that research can be funded.

So far this year, **25 members of staff** have taken their Social Impact Day, resulting in **200 hours** volunteered in the community!

## Trafford to Poland for Ukraine Aid

In support of Ukraine Aid teams, One Trafford's principal operations manager and health and safety manager, Simon and Monty, embarked on a 2694 mile round trip to Poland and back.

With a van brimming with essential items from colleagues and Greater Manchester Police, the duo started their epic journey from Trafford in the early hours of Monday 13 June.

Driving in shifts, their expedition took them through the Channel Tunnel into France, then in to Germany where they were able to stop off for rest. They then set off from Germany at 2am on Tuesday 14 June, arriving in Chelm, Poland by 3pm, close to the border with Ukraine.

The pair were able to supply aid workers, supporting refugees at the border of Poland and Ukraine, with essential items. Nappies, personal hygiene products, sleeping bags and clothing were unloaded into a warehouse in Chelm, which is storing essential aid. Returning to Trafford by Friday, Simon and Monty were inspired by the support from colleagues...so they're not stopping there! They will be organising a second trip to deliver more vital aid. If you would like to help, get in touch on Twitter or Facebook – search @OneTrafford.





# Trafford celebrates 11 Green Flag Awarded parks four years running



11 of Trafford's parks and green spaces are raising and flying Green Flags for the fourth year in a row.

The award-winning parks, which have been recognised as some of the very best green spaces in the world are Davyhulme Park, Denzell Gardens, Flixton Gardens, Hullard Park, John Leigh Park, Lostock Park, Victoria Park, Walkden Gardens, Walton Park, Woodheys Park and Worthington Park.

Trafford's Green Flag Award parks are managed by the One Trafford Partnership, with the support of volunteer Friends of Parks groups. The teams have been working together over a number of years to ensure the Green Flag standards are met and are consistent throughout the year.

To achieve the prestigious award, the parks must meet a specific set of criteria. This includes aesthetics of the park, horticulture and biodiversity.

Executive Member for Environmental Services, Councillor Stephen Adshead said: "I would like to congratulate everyone on achieving 11 Green Flag Awards for a fourth year running. A huge thank you to the dedicated volunteers that make up the Friends of Parks groups, our operational teams and the green space team. One Trafford and Friends have also been working together to create better, biodiverse habitats by planting daffodils, crocus and wildflower meadows."

"Trafford Council are continuing investments into parks, because we know how important green spaces are to our local communities."

If you would like to know more about your local Green Flag park, please visit [www.trafford.gov.uk/GreenFlagParks](http://www.trafford.gov.uk/GreenFlagParks) or scan the QR code.



## Going for gold at Buckingham Palace's Duke of Edinburgh celebration

In celebration of achieving the Duke of Edinburgh Gold Award, Civil Engineer Degree Apprentice, Bilal, headed down to Buckingham Palace earlier this year.

To achieve the Gold Award, Bilal had to complete a number of personal challenges, which includes a

physical activity, skills building activities, volunteering, a five-day residential and a four-day expedition. Bilal completed the demanding challenges in 2019 as part of his apprenticeship at One Trafford. Despite the pandemic delaying the awards by three years, Bilal did not let that stop him continuing his development as he is now midway through his engineering degree.

Walking through the famous Buckingham Palace gates, Bilal was invited to a cake and tea garden party with around 3,000 other Gold Award holders.

Hosted by DofE Trustee, HRH The Earl of Wessex, Prince Edward, Bilal shared his experience with the Prince, discussing recent active travel projects.

Bilal said: "Being invited to Buckingham Palace was an experience that not many people get to have, so it was a privilege to attend and celebrate, even though it was a little surreal. Doing the Duke of Edinburgh programme really pushed me out of my comfort zone and added to my confidence."

# Food for thought: Save up to £60 per month on your food bill

Did you know that with some simple habit changes, we can save up to £60 per month on our food shopping bills.

- 1. Get creative with what you have** – Before you shop, use the food you already have. Visit [www.lovefoodhatewaste.com/recipes](http://www.lovefoodhatewaste.com/recipes) to search for recipes based on the ingredients in your kitchen.
- 2. Plan ahead** – Plan your grocery list before you go shopping, to avoid buying more than you need, and try to eat leftover meals.
- 3. Make it last** – Set your fridge to **5°C** to make food last longer, and buy food with the longest use by dates. Almost everything can be frozen, so use your freezer. Milk, bread, and cheese can all be frozen. For storage and freezing tips, visit [www.lovefoodhatewaste.com/](http://www.lovefoodhatewaste.com/). Did you know that apples keep fresher for longer in the fridge, but bananas need to stay in the cupboard?
- 4. Use it all** – Try using every edible bit of your food. You could leave the potato skin on when you make mash, or add broccoli stems to your stir fry or soup together with the florets.

It's not just money to be saved, but the environmental impact that food waste has on the planet. When food goes in the bin, all the energy and water it takes to grow, harvest, transport and package it gets wasted; contributing to the current climate crisis.

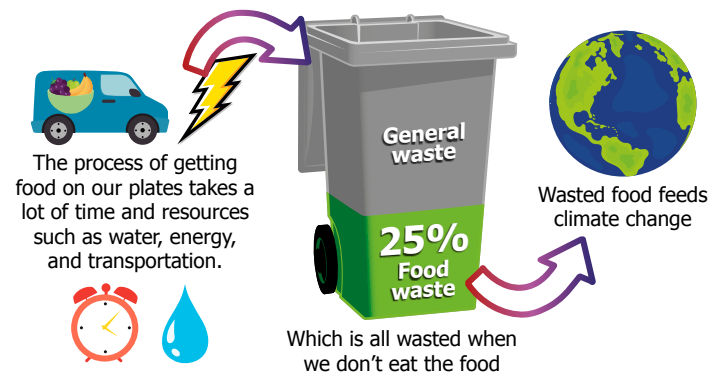
70% of all food that's thrown away in the UK comes from our homes, and when we put food in the grey bin, it can't be recycled. This means we all have an important role to play in the battle against climate change.

A recent study showed that in Trafford, food waste makes up 25% of the waste collected in the grey bin and isn't recycled. This means the resources gone into getting this food on our plates is ultimately wasted. We all have an important role to play in fighting climate



change in Trafford and looking at the food on our plates is a good place to start. By changing our habits to reuse, repurpose and recycle food, we can reduce our carbon footprint and minimise what we waste.

So if it's raw, cooked or gone off, and you can't use it, recycle it all in your green bin. That includes bones, eggshells and that unopened pack of ham that went out of date. Just remember to remove it from its packaging before you put it in the green bin.



## Are you set up for food waste recycling at home?

If you've not already got yourself a kitchen caddy and a roll of compostable bags, head to the council website to order yours for free at [www.trafford.gov.uk/report-it](http://www.trafford.gov.uk/report-it) or scan the QR code below.



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[www.trafford.gov.uk/report-it](http://www.trafford.gov.uk/report-it)



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