



## FREE Numeracy Courses for Adults

Multiply is a new government-funded programme to help adults improve their numeracy skills.

We can help you upskill, learn new skills and build your confidence through our FREE short courses.

## We offer a wide range of bespoke, engaging sessions, including:

- Building numeracy confidence
- Keeping up with the kids designed to help parents with maths homework
- Healthy/independent living
- Healthy living on a budget
- Maths for shoppers
- Cooking on a budget

- Bag a bargain introduction to shopping/discounts/comparison sites
- Numeracy for employment
- Numeracy in the workplace
- Numeracy for ESOL career starters
- Reducing the cost of living
- Managing your money

If you are interested in discussing how Multiply can work for you, get in touch by emailing multiply@growthco.uk or scanning the QR code.





