

Trafford School Lunch

FRESH SALAD
And Baked Jacket
Potatoes Are
AVAILABLE DAILY

Jugs of
Water,
Yoghurts &
freshly
prepared fruit
Daily



Week 4		On the side:
Chicken Wraps		Country Vegetable
Vegetable Chilli		French Bread
Raspberry Smoothies		
Homemade Sausage Roll		Chipped Potatoes
Vegetarian Sausage Roll		Baked Beans
Seasonal Fruit & Yoghurt		
Chicken Tikka Masala		Basmati Rice & Naan Bread
Chickpea & Lentil Tikka Masala		Garden Peas
Lemon Drizzle Cake		
Sliced Ham & Pineapple		New Potatoes
Vegetable & Bean Burrito		Broccoli & Sweetcorn
Seasonal Fruit & Yoghurt		
Salmon Fish fingers		Jacket wedges
BBQ Quorn Fillets		Diced Carrots
Flapjack		

Week 3		On the side:
Cottage Pie		Crusty Bread
Tomato & Basil Pasta		Green Beans
Flavoured Frozen Yoghurt		
Spaghetti Bolognese		Garlic Bread
Quorn Bolognese		Diced carrots
Seasonal Fruit & Yoghurt		
Pizza Whirls		Potato Wedges
Sweet chilli Quorn		Sweetcorn
Apple, berry & Pear Crumb		
Cajun Chicken Breast Fillet		Stir Fried Noodles
Boston Bean Casserole		Sliced Green Beans
Oat Cookies		
Fish Cake & sweet Chilli Sauce		Diced Potatoes
Sweet & Sour Vegetable		Mushy Peas
Noodles		
Ginger Cookies		

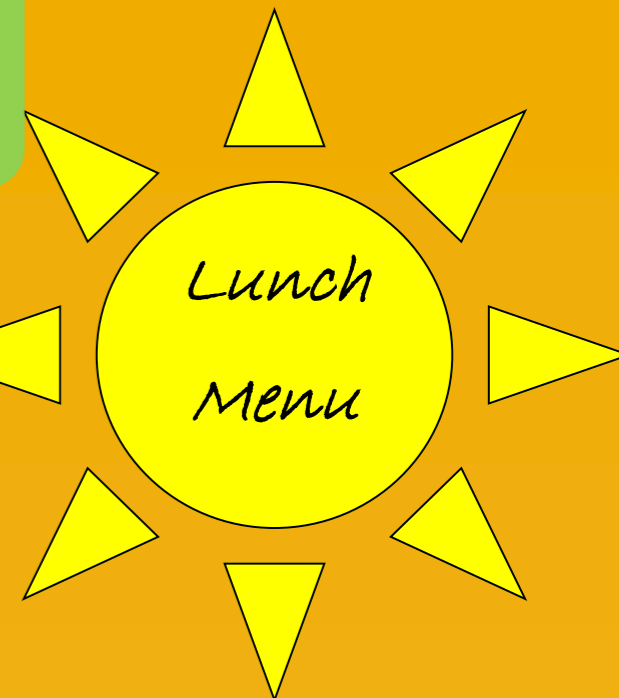
Week 2		On the side:
Chicken & Leek Pie		Chipped Potatoes
Vegetable Ravioli		Garden Peas
Chocolate & Vanilla Mousse		
Beef & Sweet Potato Goulash		Crusty Bread
Quorn Goulash		Sweetcorn
Berry & Greek Yoghurt		
Roast Chicken & Yorkshire Pudding		Roast & Creamed
Quorn Burger		Broccoli Mashed Carrot & Swede
Seasonal Fruit & Yoghurt		
Braised Sausage in Gravy		Roast & Creamed Potatoes
Braised Quorn Sausage in Gravy		Cauliflower & Baton Carrots
Seasonal Fruit & yoghurt		
Fish finger Wrap & sweet chilli sauce		Basmati Rice
Sweet Chilli Vegetables		Mixed Vegetables
Blueberry Muffins		

Week 1		On the side:
Meatballs in BBQ Sauce		Spicy Wedges
Vegetable Bolognaise in a jacket potato		Mixed Country Vegetables
Artic Roll		
Stuffed Chicken & Veg Tortilla		Diced paprika Potatoes
Stuffed Quorn Tortilla		Baked Beans
Fruit Banana Split & Yoghurt		
Mexican Chilli Mexican		Basmati Rice Sliced Green Beans
Vegetable Chilli		
Victoria Sandwich		
Roast Turkey		Roast & Creamed Potatoes
Leek And Potato Bake		Baton Carrots & Broccoli
Mixed Melon & Sultanas Yoghurt		
Baked Pollock With Lemon		Chipped Potatoes
Country Bake		Garden Peas & Sweetcorn
Lemon Shortbread		

Monday
Tuesday
Wednesday
Thursday
Friday



TRAFFORD SCHOOL MEALS



ALL OUR BEEF IS FROM THE UK OR IRELAND

WE CAN TRACE EVERY CUT OF MEAT BACK TO THE FARMS OF ORIGIN

Trafford are committed to Healthy Eating in our Schools, Supporting The Food for Life scheme, cooking Fresh and Homemade meals

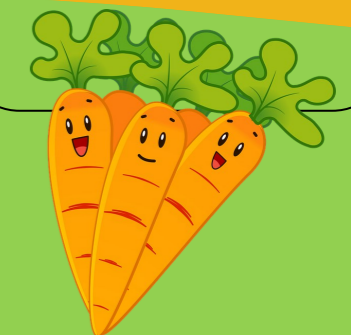
We buy 95% of our seasonal vegetables direct from British Growers

Lunch Menu

We can bespoke our menu's to reflect your children's dietary needs, so that school meals can be enjoyed

All our fish is MSC approved and all our bananas and sugar are Fair Trade

WE SUPPORT MEAT FREE MONDAYS!



We support 82 British Dairy Farms



Our Chicken and Milk are Red



All our fish is MSC Approved and all our bananas and sugar are Fairtrade



We only use Lion Quality Eggs



Over 30% of our products are transported by vehicles that run on biodiesel

Education Catering Services, OSfE, Trafford Council, Moss View Centre, Moss View Road, Partington, Manchester M31 4DX

Telephone: 0161 912 5556 Email: catering@trafford.gov.uk Website: trafford.gov.uk