



TRAFFORD
COUNCIL

Safer School *Run*

Information for parents/guardians

Whatever your mode of transport, the school run can be rushed and stressful, and is often combined with a journey to other places, such as work. Driving might seem like the easiest option for taking and collecting your child/children from school, but the average primary school journey is a distance that doesn't necessarily require a car.

Why not consider?

- Walking, scooting or cycling
- Joining with other parents and the school to help create a 'walking bus' – pick a meeting point and walk in together
- Parking further away from school and walking or scooting the rest of the way



What are the benefits of active travel?

- Being active benefits our health and wellbeing, so an active school run can help us all
- It's a great way to build more movement into our busy lives. Even swapping one journey a week can help boost physical and mental health
- It reduces air pollution, which impacts children's health and ability to learn
- It reduces greenhouse gas emissions that cause climate change
- Cycling, walking, or scooting increases road safety awareness
- Teachers also find that children who travel actively to school will be energised and feel more ready to start the school day!



What if you need to travel by car?

You can still help by:

- Parking a little further away from school and walking or scooting the rest of the way
- Keeping speeds below 20 mph around school
- Stopping to let children out in a place that is safe for everyone
- Switching your engine off when you stop

Please do not:

- Stop or park on the yellow "School Keep Clear" markings
- Park on pavements, across driveways or on dropped kerbs
- Park opposite or within 10m of a junction
- Stop in the middle of the road to let your child out of the car, even for a few seconds