

"Bullying is among the top concerns that parents have about their children's safety and well-being at and on the way to and from school. Bullying is also a top concern of children and young people themselves. Bullying makes the lives of its victims a misery: it undermines their confidence and self esteem; and destroys their sense of security. Bullying impacts on its victims' attendance and attainment at school, marginalises those groups who may be particular targets for bullies and can have a life-long negative impact on some young people's lives. At worst, bullying has been a factor in a young person's suicide."

### Safe to Learn – Executive Summary

The 'Safe from Bullying' suite of Guidance is produced by the DofE and is constantly being updated. It includes specific guidance for a variety of settings.

Publications are free of charge and can be ordered in hard copy or downloaded at www.teachernet.gov.uk/publications



### Who is this guidance for?

This guidance was created to be used within any community where children and young people live, work, learn or enjoy recreational time.

# Why have we published this document?

Trafford Children and Young People's Service (CYPS), regards any bullying as unacceptable. This Guidance supports the Trafford strategy and expectations on settings, and signposts the support which is available to you.

The guidance also provides clear explanations of why certain behaviour is not acceptable and how it might be prevented, along with what an appropriate response in dealing with it should be.

### **Using this document**

The term 'parent' is used within this document to refer to either a parent or carer. The term 'community' is used within this document to mean the community which the organisation can impact upon – this could be where people come together to live, study, work or enjoy leisure time and could include a neighbourhood, a school, an agency or a club, etc.

The term 'organisation' is used to mean any school, agency, business or other recognised group whose organisational role will bring them into contact with children and young people.

### **Our Expectations**

Trafford aims to ensure that all communities involved with children & young people do everything they can to keep them safe from bullying, and encourages them to follow the principles of the TAB Charter by:

- Having a clear strategy to promote and support an Anti-Bullying ethos
- Having a named senior Lead for Anti-Bullying
- Developing an effective policy involving all stakeholders which covers the bullying of staff, whether by young persons, parents or other staff, as well as the bullying of young persons
- Reviewing the Anti-Bullying Policy and Action Plan annually
- Having a commitment to embed good policy and practice throughout the organisation
- Giving Anti-Bullying a high profile within all communities
- Engaging with local and national anti-bullying initiatives
- Taking a multi-agency perspective
- Being committed to partnership working
- Engaging partners
- Providing support and guidance to stakeholders and partner agencies
- Advocating on behalf of children, young people and their families
- Providing challenge
- Being open to challenge and support.





### The Charter

The Department for Education (DfE) recommends that schools use the principles in the Bullying – A Charter for Action document to develop their anti-bullying policies. The Charter provides a framework for self-evaluation.

Trafford have modified the Charter to include all organisations who work with Children and Young People whilst retaining the original principles.

(A personalised copy is available on request from the Behaviour & Attendance Adviser. This will have the name of your organisation at the top and spaces for the appropriate signatories from your organisation and Trafford. Trafford request a photocopy of the signed document as a record of all the organisations which have signed up to the Charter.)

Louis Saha (Manchester United) and Chris Pratt (Trafford Council) signing the TAB Charter for Manchester United





### TRAFFORD AGAINST BULLYING

A Charter for Action

### NAME OF SCHOOL/ORGANISATION/Setting

We are working with staff, children and young people and parents to create a community where bullying is not tolerated.

### Our school/organisation/setting:

- Discusses monitors and reviews our anti-bullying policy on a regular basis. Good practice suggests the policy should be reviewed on average every two years.
- Supports our community to promote positive relationships and identify and tackle bullying appropriately.
- Ensures that children and young people are aware that all bullying concerns will be dealt with sensitively and effectively; that they feel safe to participate in and abide by the anti-bullying policy.
- Aims to equip all members of the organisation with the skills of negotiation, co-operation and compromise.
- Reports back quickly to parents/carers regarding their concerns on bullying, and deal promptly with complaints.
- Expects parents/carers to work with our organisation to uphold the anti-bullying policy.
- Seeks to learn from anti-bullying good practice elsewhere and utilises the support of the LA and relevant organisations when appropriate.

Signatories	
Date	



### **Appendix 1 - References**

- Safe to Learn Embedding anti-bullying in schools (2007)
- Safe to Learn Cyberbullying (2007)
- The 'Safe from Bullying' suite of Guidance www.teachernet.gov.uk/publications
- Let's fight it together What we can all do to prevent cyberbullying (2008)
- Safe To Learn Preventing and responding to Homophobic bullying in Schools
- Bullying Effective Action in Secondary Schools (2003)
- Education and Inspections Act 2006
- Improving Behaviour & Attendance, Guidance on Exclusion from Schools and Pupil Referral Units (2007) DCSF
- Bullying Involving children with Special Educational Needs and Disabilities (DCSF May 2008)
- Childline
- Cawson et al., 2000, Child Maltreatment in the UK: A Study of the Prevalence of Child Abuse and Neglect, NSPCC, p.30
- Social and Emotional Aspects of Learning (SEAL) www.nationalstrategies.standards.dcsf.gov.uk



# Appendix 2 – Organisations that can offer support

### **Act Against Bullying**

Tel 0845 230 2560 www.actagainstbullying.com A national charity which highlights new forms of bullying, particularly bullying through social exclusion.

#### **Actionwork**

Tel 01934 815163 www.actionwork.com A multi-media organisation that uses film, theatre and other creative arts to explore and tackle issues that affect young people, in particular bullying.

### **Advisory Centre for Education**

Tel 0808 800 5793 www.ace-ed.org.uk Advice line for parents on all procedural matters concerning schools.

### Anti-bullying Alliance (ABA)

www.anti-bullyingalliance.org.uk

Founded in 2002 by NSPCC and National Children's Bureau, the Anti-Bullying Alliance (ABA) brings together over 60 organisations into one network. They look to develop a consensus around how to stop and prevent bullying. The ABA aims to influence policy, and work to develop and disseminate best practice.

### **Beatbullying**

Tel 0845 338 5060 www.beatbullying.org

Aims to reduce and prevent the incidence and impact of bullying by devising anti-bullying strategies for young people by young people.

### **Bully Free Zone**

Tel 01204 454958 www.bullyfreezone.co.uk Provides a peer mediation service, written and telephone advice, and provides training for children and young people, parents, teachers, youth workers and other professionals.

### **Bullying Online**

www.bullying.co.uk

#### ChildLine

Tel 0800 1111 www.childline.org.uk

# Children: Homes, Advice and Teaching Ltd (C:HAT)

Tel 0116 259 3008 www.chatltd.com

#### **Children's Legal Centre**

Tel 0800 7832187 www.childrenslegalcentre.com

#### **Commission for Racial Equality**

Tel 020 7939 0000 www.cre.gov.uk

### Diana Princess of Wales Memorial Award for Young People

Tel 0845 3372987 www.diana-award.org.uk

# Educational Action Challenging Homophobia (EACH)

Tel 0808 1000143 www.eachaction.org.uk Provides an email advice service for children and young people as well as online help and information, for schools as well as young persons.

Offers a free, 24-hour helpline and counselling service for children in distress or danger.

C:HAT seeks to provide a complete support package for young people and the significant adults who are involved in their lives; through consultancy, behaviour management and children's homes.

Provides legal advice, information, assistance and representation to children, parents/carers and professionals working with children.

A publicly funded, non-governmental body set up under the Race Relations Act 1976 to tackle racial discrimination and promote racial equality.

The Diana Anti-bullying Award is open to primary schools, secondary schools and youth organisations.

Established to challenge homophobia in education.

#### **Education for All**

Tel 020 7593 1851 www.stonewall.org.uk/education for all Joint campaign by Stonewall, Fflag and LGBT Youth Scotland to combat homophobic bullying. Website includes resources, research and case studies.

### **Goldsmiths College**

www.goldsmiths.ac.uk/departments/psychology/

research

The Psychology Department at Goldsmiths has a research programme which covers a wide range of specialisms in experimental, theoretical and applied psychology. This includes research into bullying.

### **Kidscape**

Tel 020 7730 3300 www.kidscape.org.uk Provides training for professionals; courses for bullied children; a helpline for parents of bullied children; and books, videos, free booklets and leaflets about the prevention of bullying, many in several languages.

### **Leap Confronting Conflict**

Tel 0207 272 5630. www.leaplinx.com Provides opportunities, regionally and nationally, for young people and adults to explore creative approaches to conflict in their lives.

#### Mencap

Tel 020 7454 0454 www.mencap.org.uk Mencap fights for equal rights for people with learning disabilities and their families and carers, and provides housing and employment support.

### Miss Dorothy.com

Tel 0870 759 3388 www.missdorothy.com Provides a programme which offers an approach to learning about personal behaviour and safety for 4-11 year olds.

### **National Autistic Society**

Tel 0845 0704004 www.autism.org.uk Champions the rights and interests of all people with autism and seeks to ensure that they and their families receive quality services appropriate to their needs.

#### National Children's Bureau

Tel 020 7843 6000 www.ncb.org.uk Promotes the voices, interests and well-being of all children and young people across every aspect of their lives. As an umbrella body for the children's sector in England and Northern Ireland, provides information on policy, research and best practice.

# National Society of Prevention of Cruelty to Children (NSPCC)

Tel 0207 825 2500 www.nspcc.org.uk NSPCC aims to end cruelty to children. Works with children and families, as well as influencing public policy and attitudes.

### **National Healthy Schools Programme**

www.healthyschools.gov.uk

#### **Parentline Plus**

www.parentlineplus.org.uk

Offers help and support through a range of free, flexible and responsive services by working for and with anyone who is parenting a child. Tel 0808 800 2222

### **Trafford Restorative Practice**

sue.pennington@trafford.gov.uk

Restorative Justice for schools. Free training for Trafford schools.

#### School's Out!

Tel 01273 298299 www.schools-out.org.uk Aims to support lesbian, gay, bisexual and transsexual (LGBT) staff in education and to raise the profile of LGBT people and issues.

I. Organisations that can offer support

#### **Stonewall**

Tel 020 7593 1850 www.stonewall.org.uk A campaign and lobby group working to achieve legal equality and social justice for lesbians, gay men and bisexuals.

### Tackling Bullying

www.dcsf.gov.uk/bullying

For Pupils, Families & Teachers

#### **Teachers TV**

www.teachers.tv/bullying

# UK Observatory for the Promotion of Non-Violence

Tel 01483 684552 www.ukobservatory.com

### **Victim Support**

Tel 0845 30 30 900 www.victimsupport.org.uk

#### **Young Voice**

www.young-voice.org

# Youth Justice Board for England and Wales

Tel 020 7271 3031 www.youth-justice-board.gov.uk Section of the Teachers TV website devoted to antibullying, featuring programmes which can be watched online, downloadable resources, links, and interviews with experts on bullying

A national initiative committed to addressing the key issues of aggression, bullying, anti-social behaviour and violence amongst children and young people.

Staff and volunteers offer free and confidential information and support for victims of crime.

Operates via a network of affiliated local charities, the Witness Service and the Victim Supportline.

Currently developing specialist and outreach services for children and young people affected by crime and bullying.

Undertakes research with children and young people. Works in partnership with them on a wide range of issues including bullying. Offers research, evaluations, training and consultancy.

Executive, non-departmental public body working to develop and improve the youth justice system and to prevent offending by children and young people up to the age of 17.



These anti-bullying guidelines have been produced for anyone who works with Children and Young People. They are the result of a collaboration between the Anti-Bullying Alliance and the following Trafford agencies and people:

School Improvement Service
Information Unit
Educational Psychology Service
Healthy Schools
Youth Offending Service
Anti-Social Behaviour Unit
School Representatives
Trafford Young Anti-Bullying Alliance

And Alison O'Brien, North West Regional Adviser for the Anti-Bullying Alliance





